LIA
RELIEF TRUST

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Donation Policy

LIA Global Response

Learn
Serve
Inspire

See our work. Understand the need. Come back changed.

WHAT IS LIA GLOBAL RESPONSE?

A fundraising journey that ends with you standing where the aid arrives.

LIA Relief Trust is proud to give supporters the opportunity to travel overseas and experience humanitarian work first-hand. Rather than reading about a project from a distance, volunteers walk through the communities LIA serves, meet the families behind the statistics, and spend time with the field teams delivering life-changing support on the ground.

Along the way, volunteers gain valuable fundraising experience, learn how humanitarian organisations operate under pressure, and develop practical skills that extend far beyond the deployment itself. These include public speaking, budgeting, negotiation, leadership, and the confidence to work as part of a team in unfamiliar and sometimes challenging environments.

Most people who take part describe it as one of the most demanding and rewarding experiences of their lives. LIA Global Response provides a depth of understanding that no report, documentary or webinar can truly replicate.

As an LIA Global Response volunteer, you'll work alongside our local teams to help deliver life-changing humanitarian aid to vulnerable communities. Depending on the programme, you may assist with distributing food packs, cooked meals, clean water, hygiene kits, clothing, and other essential aid. You'll also have the opportunity to engage with beneficiaries, support project delivery, and observe humanitarian operations, all under the guidance of experienced staff, ensuring your contribution is meaningful, safe, and has a lasting impact on the communities we serve.

This is the essence of LIA Global Response. Placing you at the heart of humanitarian aid response.

WHY JOIN LIA GLOBAL RESPONSE

From the moment you sign up, you're not fundraising alone. Every volunteer is paired with support from LIA's fundraising team throughout the entire journey. From your very first fundraising email, to your final debrief after returning home.

You can expect:

- **One-to-one guidance** on setting and hitting your fundraising target
- **Regular check-ins** and coaching calls in the run-up to departure
- **Practical training** on leadership, safeguarding and working in the field
- **A full pre-departure** briefing covering logistics, culture and safety
- **Structured, supervised** deployment with experienced teams
- **Understanding more** of the work of LIA Relief Trust.

YOUR DEPLOYMENT JOURNEY

Every placement follows the same three stages. Each one builds on the last, so that by the time you land, you're ready for what you'll see.

- **Fundraise**
- **Brief**
- **Deployment**

STEP 1 — FUNDRAISE

Once you've chosen your destination, your first task is to reach your country's fundraising target. This isn't a fixed deadline, and it's something you can discuss with your assigned team leader. LIA's team will help you build a plan, suggest fundraising ideas, and support you through any events or campaigns you run.

Country options and fundraising targets

Destination	Focus area	Fundraising target
Country / region	Programme focus, e.g. essential food assistance	£ target
Country / region	Programme focus	£ target
Country / region	Programme focus	£ target

Fundraising targets are reviewed annually and reflect the real cost of running a safe, well-supported deployment including flights, accommodation, in-country logistics, and a contribution to the programme you'll be visiting.

STEP 2 — BRIEF

Humanitarian crises look different from country to country, but the underlying challenges are often the same: damaged infrastructure, disrupted access to food and clean water, stretched healthcare systems, and communities living without safe shelter.

Before you travel, you'll take part in a full briefing covering the humanitarian context of your destination, along with everything you need to prepare what to pack, your itinerary and flight details, and what to expect on the ground.

What your briefing covers

- The humanitarian and political context of your destination
- Mandatory safeguarding training to protect the communities you'll meet
- Health, safety and travel logistics visas, vaccinations, insurance
- Packing guidance and a full itinerary
- Code of conduct and cultural expectations
- An open Q&A session with returning volunteers and LIA staff

Safeguarding comes

Every volunteer completes mandatory safeguarding training before departure. This protects the children, families and communities you'll meet, and it's non-negotiable regardless of how experienced a volunteer you are.

STEP 3 — DEPLOY

This is what the fundraising and preparations have been building towards. You'll spend your deployment alongside LIA's in-country teams and the communities they support, visiting active projects, meeting families directly, and seeing exactly how the funds you raised are put to work.

It's not a holiday, and it isn't designed to be comfortable. You'll see hardship up close, and you'll come home with a far deeper understanding of what humanitarian work involves, the constraints, the trade-offs, and the resilience of the people LIA serves.

A structured itinerary led by experienced in country staff

Visits to active LIA-funded projects and programmes

Supervised, respectful engagement with beneficiary families and communities

What to expect during deployment

Daily group debriefs to process what you've seen

Full support from a named LIA staff member throughout the trip

AFTER YOU RETURN

Every volunteer takes part in a debrief on returning home. This is a chance to reflect, ask any remaining questions, and think about how you want to stay involved. Many volunteers go on to become long-term fundraisers, ambassadors or advocates for LIA's work.

SUPPORT THROUGHOUT YOUR JOURNEY

Role	How they support you
Fundraising Lead	Your main point of contact for fundraising guidance, coaching calls and event ideas
In-Country Programme Staff	Lead your itinerary on the ground and liaise with communities and partners
Deployment Lead	Named staff member accompanying or overseeing your group throughout deployment

ELIGIBILITY AND ESSENTIALS

Requirement	Detail
Minimum Age	18, or 16 with parent/guardian consent — confirm per destination
Fundraising Target	Must be reached before travel is confirmed
Safeguarding Training	Mandatory for all volunteers, no exceptions
Vaccinations / Health Checks	Confirm destination-specific requirements
Passport validity	Minimum 6 months beyond return date

HOW TO APPLY

CHOOSE YOUR DESTINATION FROM THE CURRENT LIST OF OPEN DEPLOYMENTS

COMPLETE THE SHORT ONLINE APPLICATION FORM

ATTEND AN INFORMAL CALL WITH THE FUNDRAISING TEAM MEMBER.

BEGIN FUNDRAISING TOWARD YOUR TARGET WITH FULL SUPPORT ALONG THE WAY

COMPLETE YOUR PRE-DEPARTURE BRIEFING AND SAFEGUARDING TRAINING

DEPLOY

DEPLOYMENT REFLECTIONS

Name: Sufyan
Deployed to: Camps to Kaaba

"I just want to say it's a truly humbling experience, one of the best things I've ever done in my life.

For anyone who wants to join, take part in deployments and charity work, LIA Relief Trust is the place to be. They will take care of you right from the start and make you feel part of the team. Alhamdulillah, many of us who have taken part in this Camps to Kaaba project feel like a big family now, and we all can't wait for the next one, InshaAllah."

Name: Muhammad
Deployed to: Uganda

"You know what's ironic?

We go to help them. We go to deliver aid. But by the end of the deployment...It feels like it changed us more than them. This is your opportunity to experience that. When you return to the UK, you don't come back the same. Much like returning from Umrah or Hajj, serving others changes you. Join an LIA Relief Trust deployment.
Change a life. And perhaps, let it change yours."

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READY TO START?

Sign-up link: [liarelieftrust.org/get-involved/volunteer-for-us]

Questions before applying? Contact: [jchapti@liarelieftrust.org]
[mismail@liarelieftrust.org]

Scan here to learn more

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